

Counterbalance

Operators should be trained to an essential level of skill to work with Counterbalance trucks safely, efficiently and with competence. By the end of the course the operator should state the reasons for operators training, and pass a basic operative's skills test as set out in the HSE publication Rider-Operated Lift Trucks, Approved Code of Practice, (L117).

Course Criteria

- Hazard Awareness
- Moving/stopping and steering the truck
- The operators' safety code
- Manoeuvring in tight spaces
- Test your knowledge
- Operation of hydraulic controls
- Pre Shift Inspection
- Stacking and de-stacking
- Lift truck controls and instruments
- Lift truck stability
- Operators safety code
- Relevant films
- Health and Safety at Work Act 1974 – Employers & Employees Duties
- Provision and Use of Work Equipment Regulations 1998 (PUWER)
- Lifting Operations and Lifting Equipment Regulations 1998 (LOLER)
- Advanced steering (chicane, confined areas)
- Loading and unloading a vehicle (if required)